There are decisions you make in life that not only have consequences at the time you make them, but have consequences that follow you throughout your educational, professional, and personal experiences.

Abusive drinking is one of them!

The University of Minnesota, the City of Minneapolis, and the State of Minnesota have specific rules about alcohol use and/or abuse.

It is YOUR responsibility to know the rules!

Words to (Re)Consider

Just One—In the U.S., a standard drink contains about 14 grams of alcohol, which is a 12-oz. beer, 5 ounces of wine, or 1.5 ounces of hard liquor.

Binge Drinking—Binging is a pattern of drinking that brings blood alcohol concentration levels to 0.08; typically 4 drinks for females and 5 drinks for males in under 2 hours.

Drinking Game—Drinking is NOT a game, it is a responsibility and a decision not to be taken lightly. Games usually lead to excessive drinking, and/or alcohol poisoning.

Drink Responsibly!

If you need or someone you know needs help for alcohol use/abuse, contact:

Boynton Health Service: http://www.bhs.umn.edu/east-bank-clinic/alcohol-chemical-health-services.htm
University Student Legal Service: http://usls.umn.edu/

Publication Adapted From:
http://safe-u.umn.edu/alcohol-emergencies.html

University of Minnesota Police Department

511 Washington Avenue SE #100 TSB
Minneapolis, MN 55455
Phone: 612-624-COPS (2677)
POLICE.UMN.EDU
E-mail: police@umn.edu
Abusive and underage drinking on college and university campuses are significant public health problems, and they exact an enormous toll on the intellectual and social lives of students across the United States.

Drinking at post-secondary institutions has become a ritual that some students often see as an integral part of their higher-education experience. Many students come to college with established drinking habits, and the college environment can exacerbate the problem. According to a national survey, almost 60 percent of college students, ages 18–22, report drinking alcohol in the past month. And almost 40 percent of them report binge drinking in the past 30 days.

The first six (6) weeks of the freshman year is an especially vulnerable time for heavy drinking and alcohol related consequences because of (perceived) student expectations and social pressures at the start of the academic year.

Consequences of Abusive Drinking
- Civil Liability
- Criminal Charges
- Academic Problems/Sanctions
- Physical/Sexual Assault
- DWI/Criminal Vehicular Operation
- Injury
- Death

Simple Rules/Simple Choices

**Minor Consumption**
(MN 340A.503 Sub. 1, Clause 2)
It is unlawful for a person under the age of 21 years to consume any alcoholic beverages.

**Minor Possession**
(MN 340A.503 Sub. 3)
It is unlawful for a person under the age of 21 years to possess any alcoholic beverage with the intent to consume it at a place other than the household of the person's parent or guardian.

**Consume In Public**
(Mpls Ord. 364.40)
No person shall consume intoxicating liquor...or non-intoxicating malt liquor...while (1) on a public street, highway, alley, sidewalk, boulevard, or any place frequented by the public; (2) on any private property without the consent of the owner of such property; or (3) while in a vehicle upon a public highway.

**Loiter In Possession of Open Bottle**
(Mpls Ord. 364.45)
No person shall loiter in any public street, highway, alley, sidewalk, boulevard, or any other public property, or on any private property without the consent of the owner of such property, while in possession of any bottle or other receptacle containing intoxicating liquor or non-intoxicating malt liquor, opened, or the seal broken, or the contents partially removed, with intent to consume such intoxicating liquor or non-intoxicating malt liquor.

Alcohol Emergencies

Alcohol overdose is a medical emergency. If you see someone passed out and unresponsive or you suspect someone has overdosed on alcohol, it is your responsibility to get help by immediately calling 911.

**While Waiting for Emergency Personnel**
- Keep unconscious person on their side to keep them from choking.
- Cooperate with emergency medical personnel or police, and give them accurate information.
- Don't worry about getting in trouble; your friend's life is more important.

**Medical Amnesty**

Minnesota has a Medical Amnesty Law to ensure that people who are at risk for alcohol overdose receive prompt medical attention. If you call 911 for assistance for yourself or a friend and are under 21, you and your friend will be immune from criminal penalties related to underage drinking or possession of alcohol. If you call for medical attention, you must remain with the person who needs it until help arrives in order to be covered under the Medical Amnesty Law.

**University Consequences**

The University does not wish to punish students for making the right decision. Your first priority is to make sure help is called for someone who needs it. In most instances a first offense for underage drinking would receive consequences that are educational in nature and would not result in a student being suspended, expelled, or evicted from campus housing.